



*We are a diverse community of faith called by God to love, worship, pray, support, and serve.*

## *Your Vicar's View †*

*Humanity is never so beautiful as when praying for forgiveness,  
or else forgiving one another. [Jean P.F. Richter]*

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Martin L. Smith tells the story of a day he spent looking for a site where, according to tradition, there was a spring of healing waters. According to this tradition, in the Middle Ages pilgrims with eye afflictions had come to the springs in a corner of northern England; however, no expedition had been able to locate the springs. So one day Martin Smith went out with a shovel, digging in different spots in the field where the springs were supposed to be, to no avail. Then he noticed a herd of cows standing in mud. He walked among them, sinking into the mud, and began digging; after about twenty minutes his shovel hit stone, and he eventually uncovered a platform from which a pipe protruded, water gushing forth. He had discovered the lost place of healing springs.

Martin Smith's story gives us a wonderful image for our Lenten journey. Each of us must go to a "muddy place" in our lives—an estranged relationship, a bad habit or addiction, an insecurity, a resentment, a failure, a deferred dream. We must go to one place where we willfully limit our relationship with God and our capacity to give. There, we will discover the hidden ever-flowing grace of God.

If, however, we stay only on well-travelled ground, revisiting familiar burdens and going through the motions of familiar practices and Lenten resolutions that won't really challenge us, chances are we will confirm our own doubts about the vitality and nearness of God's presence—and, perhaps worse, about our own ability to experience God.

Experiencing God is a gift that we have been promised, but we cannot guarantee that it will be ours, nor can we predict what it will feel like. Our only guarantee is that we are loved, absolutely and unconditionally. Our Lenten journey, marked by our resolutions to do something extra and to do without something that makes us comfortable, is a journey into living as beloved people—trusting, giving, hopeful, resolute. Beloved people are not perfectly formed and spiritually dressed to the nines. Beloved people are, more often than not, covered in mud, their beauty revealed in the living waters of grace that flow through them.

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*Let there be a window in my knowing;  
That I might bend,  
Unfolding as a bright stem to light. . . .  
Hold me steadfast in my unfulfillment;  
For to hear love, only the yearning heart  
May listen.*

*-Marilyn Shelton, "Whispers at the Altar"*

*Judith †*

# *A Fresh New Start*

## **A View from Your Warden**

We are off to a fresh, new start this year with 2 new wardens and 2 new Vestry members. Jerry Harrington and I are your wardens, and we are pleased to have Bill Buchanan and Larry Waters on the Vestry this year. These men are solid contributors and have a lot of experience to draw from.

I extend a heart felt *thank you* to Dottie Cheasty, Stacy Lampman, and Cindy Harrington for all they have done as leaders during my 3-year term on the Vestry. They are good friends and will still be contributing significantly to the success of St. Andrews.

We have set our goals for 2010, which include some long term goals beyond this year. Our Green Team will have representation from both St. John's and St. Andrew's, and our Environmental

Stewardship program adds a new dimension to our commitments to God, our Church, and our planet. We are continuing with our goal to fully balance the budget in three years. We will continue to build on our successful youth, outreach, education and music ministries.

The Mutual Ministry interviews conducted last year provided significant input to our 2010 goals. This "Voice of the Customer" input came from all of you and will help us to serve you better.

The St. Andrew's Fish Fries have started once again! The aroma of golden fried haddock and shrimp fills the air, and the taste of fresh desserts and coffee continues to tantalize our taste buds!

- Doug Wintersteen

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## **More "Green" Initiatives**

### **Environmental Stewardship**

*We are the generation of choice. We still have a choice to halt the destruction, the ravaging of the earth. We are the generation that could stand in harm's way and be those who preserve God's creation for future generations.* – Rev. Joan Campbell, General Secretary, National Council of Churches of Christ

During Lent, as part of our yearlong environmental stewardship campaign, the Sunday school will be looking closely at how to save, recycle, reuse and be good stewards of God's earth. Watch weekly for them to bring home information that can be used in your own family's life. This information will also be available in the Narthex for kids of **all ages**. Small steps by everyone can make a big difference.

The Sunday school will also be taking responsibility for the recycling of used bulletins at the end of Sunday services. If you are not taking your bulletin home with you, please leave it at the end of the pew for the children to collect and dispose of properly.

We are also planning a Sunday when children will donate gently used clothes or toys that

they have outgrown to the Church Store. This project could be for the young and old alike.

Finally, on April 25<sup>th</sup>, we are planning a special breakfast for **all families** in the church, to be followed by a time of fellowship, where we will be taking old stuff and making it into something new. We have several great ideas and will be looking for you to collect used stuff around your homes for us in the coming weeks. Watch the weekly bulletin for more information, and if you have any great ideas that you are already doing at home, please let me know and we can include them in our projects.

My hope is that everyone in the parish will come away from Lent with a new appreciation of the part we all can play in taking care of God's creation. Even a small change in how we do things can make a big difference.

- Stacy Lampman

# Niagara Deanery Youth Group

Our March meeting is Sunday, March 14<sup>th</sup>, 4-6:30 p.m. at St. John's-Wilson. The church is located at 431 Lake Street, Wilson, 14172. Join us for fun, food, sharing, and a presentation from St. John's own Robyn Krueger about Community Missions of Niagara Frontier, Inc. In the next few months we will be holding events to benefit this local outreach!

- Sarah Harrington, Niagara Deanery Youth Missioner  
[Dancinsarah83@yahoo.com](mailto:Dancinsarah83@yahoo.com)

**Save the Date!**

Friday April 9<sup>th</sup>-Saturday April 10<sup>th</sup>  
 Youth Group Overnight Lock-In!  
 @ St. Andrew's, Burt.

**Starts:** 7p.m. Friday (doors lock-8 p.m.)  
**Ends:** 12:30 p.m. Saturday  
 Fun, Faith, Games, & Community Service!  
*Look for more information to come to your church/you or contact your Deanery Youth Missioner to get on our mailing list!*

**Upcoming Family Event!**

**Saturday, May 1<sup>st</sup>**

Community Missions Feet or Famine 5K Walk, 10:30 a.m. until early afternoon  
 Whirlpool State Park, Niagara Falls  
 More information will be available as the date approaches.  
 For information on Diocesan Youth Events (camp & Happening)  
 visit [www.eyouthwny.org](http://www.eyouthwny.org)

## Sunday School News

Lent is with us! Students will study parables this year to prepare our hearts for Easter. We will talk about Jesus experiencing many emotions just like we do. We will talk about trusting in Jesus through prayer and will learn the different types of prayer. On Palm Sunday, the youth will participate in an intergenerational reading of the Passion of Christ according to the Gospel of Luke.



The Easter Egg Hunt and ECS basket auction will take place on **Sunday, March 28<sup>th</sup>** following the service. Invite a friend or two to join us that day to take part in this special activity. We anticipate the egg hunt to begin at approximately noon.

- The Sunday School Staff

## Easter Flower Prices - 2010

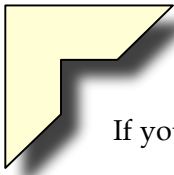
| Price   | Type      | Colors            | Bulb #        |
|---------|-----------|-------------------|---------------|
| \$8.00  | Hyacinths | Blue, Pink, White | 3             |
| \$8.00  | Tulips    | Assorted          | 5-7           |
| \$8.00  | Daffodils |                   | 5-8           |
| \$8.00  | Mums      | Assorted          |               |
| \$9.00  | Lilies    |                   | 4-6<br>Blooms |
| \$20.00 | Azaleas   | Red, Pink         |               |
| \$20.00 | Hydrangea | Blue, Pink        |               |

- Make checks payable to Jim Jones
- A sign-up sheet is posted on the board in the Narthex

***Lenten Scripture Reflection***  
***Forgiveness, Repentance, Reconciliation***

Luke 17:3 - Jesus told his disciples: "If your brother sins, rebuke him, and if he repents, forgive him."

In Luke's gospel, Jesus forgives those who torture and ultimately kill him unjustly, and clearly does so before any of his accusers or executioners show evidence of repentance.



## The Office Corner

Greetings from the Office!

If you have an address change or know of someone that has moved, please let me know.

**Items currently in the Lost & Found are:** One pair of ladies black knit gloves

### A Lenten Reflection

Give up complaining - focus on gratitude.  
 Give up pessimism - become an optimist.  
 Give up harsh judgments - think kindly thoughts.  
 Give up worry - trust Divine Providence.  
 Give up discouragement - be full of hope.  
 Give up bitterness - turn to forgiveness.  
 Give up hatred - return good for evil.  
 Give up negativism - be positive.

Give up anger - be more patient.  
 Give up pettiness - become mature.  
 Give up gloom - enjoy the beauty that is all around you.  
 Give up jealousy - pray for trust.  
 Give up gossiping - control your tongue.  
 Give up sin - turn to virtue.  
 Give up giving up - hang in there!

- Mike Depew

## Learning Forgiveness

### Lenten Study Group

Learning Forgiveness is the main focus of a 5-session reflection group to be led by Dorothy Cheasty and Jeff Edmister. The author, Marjorie Thompson, suggests that "forgiveness is an outpouring of love from the inner life of the Trinity, and can only be fully understood when experienced as a transforming power in the life of a human community that mirrors God's being."

Christians differ widely in their interpretations of how forgiveness should be practiced. For example, some urge forgiveness as a Christian duty under all circumstances, while others argue that certain conditions must be met before forgiveness can be meaningful or effective. We will learn more about this powerful gift we are called to participate in and how to get past some barriers to real forgiveness as well during our Lenten journey toward Easter and the Resurrection.

It is recommended that you try to attend all 5 sessions if at all possible, although each session does not necessarily hinge on another. There will be a handout for each session to be read beforehand and brought to the session along with a bible and a 5"x7" (or larger) spiral notebook. Please look for the sign-up sheet in the Narthex and indicate which sessions you will attend. This way we won't prepare too many handouts and waste paper.

We will meet at St. Andrew's on Mondays beginning February 22<sup>nd</sup>, then March 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, and ending March 22<sup>nd</sup>. There will be 2 sessions every Monday: 10:00 a.m. to no later than 11:30 a.m.; and 7:00 p.m. to no later than 8:30 p.m. Dorothy will lead the morning sessions and will co-lead the evening sessions with Jeff. Please join us for what promises to be another uplifting and helpful way to walk in faith together.

- Dorothy Cheasty & Jeff Edmister

### Lenten Scripture Reflection

#### Forgiveness, Communion, and Renewal

Luke 15:10b - Jesus tells his disciples and those gathered "there is rejoicing in the presence of the angels of God over one sinner who repents."

Forgiveness is an outpouring of love from the inner life of the Trinity, and can only be fully understood when experienced as a transforming power in the life of a human community that mirrors God's being.

# Therapies for Arthritic Pain

## Parish Nurse



During the winter months we seem to notice more stiffening of our joints and for some, more pain from arthritis. Although there is no cure for arthritis, there are combinations of treatments that help relieve pain and improve function.

The following treatments can give you relief, though you will need a physician's order for these therapies:

- **Physical Therapy** is commonly used in the treatment for arthritis. Physical therapy strengthens joints and helps to reduce pain, inflammation and stiffness through various exercises and stretching techniques.
- **Occupational Therapy** is commonly recommended for upper body movement. It focuses on strengthening and improving mobility with particular attention to shoulders and hands.
- **Tens Therapy** can be performed by a therapist and can also be used at home. This therapy stimulates electrical pulses to target the painful areas while temporarily relieving the pain.
- **Diathermy** is a form of heat therapy that uses ultrasound or electrical currents to heat the tissue inside painful joints. The heat kills damaged cells that are causing the joint pain.
- **Massaging**, kneading and rubbing muscles and joints improve blood circulation to painful areas.

These options are intended to help you improve and maintain use and range of motion. Consult with your physician and ask if these therapies will help with your arthritic pain.

References: 1. Dr. Weil  
2. Advantage Physical Therapy

- Judith Naylor, RN - Parish Nurse

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## FISH FRY 2010 Update



We are well under way now and the placemats look great. "Thank you" to Lynn Shauer-Bewley for the beautiful design job and to all of you who sold the ads for them.

**I can't stress enough the need for desserts over the 7 weeks of Fish Fry.** We need over 400 servings per night and your donations are greatly appreciated.

Fish fry is our major fundraiser for the year and we all need to be a part of it to make it a success. Whether you are working, eating, or both, you are a part of what makes St. Andrew's so special. If you have any questions or if you can't make it for your regular job assignment, please contact me.

- Stacy Lampman

### *Lenten Scripture Reflection*

#### *Conscience vs. Consciousness*

Psalm 51:10 - "Create in me a pure heart, O God, and renew a steadfast spirit within me."

Without the Spirit's aid, we cannot penetrate our inner darkness. Our lives are like icebergs; what we know on the surface is a small fraction of what lies below the water level of waking consciousness.



## News and Notes



***Mondays in March*** – Judith+ will switch her day off from Fridays to Mondays during Fish Fry season.

***Episcopal Community Services-*** The ECS Campaign will be an important part of our shared Lenten journey again this year. The theme for this year will be ***Acting on Faith, Rebuilding Lives***. On Palm Sunday we will have our annual Basket Auction to benefit ECS; watch for other fundraisers. ECS benefits local agencies, which of course have greater needs in this economy. Contributing to ECS is a way for us to reach out to our community.

***Prayer Shawls*** – An anonymous donor has contributed yarn for 4 prayer shawls, which will be available in the Narthex. Perhaps one of our shared activities during Lent can be to complete some prayer shawls. We will have a special blessing of prayer shawls on the Sunday after Easter, **April 11<sup>th</sup>**. Please see Kathy Massie or Mike for directions on how to make prayer shawls.

***Monthly meals for Newfane Food Pantry*** – Instead of Community Lunch, we will plan a “menu” of nonperishable foods in addition to personal hygiene items for Newfane Community Food Pantry to be contributed on the last Sunday of the month. In February we created an “Italian Fiesta”; on **March 28<sup>th</sup> (Palm Sunday)** we will contribute nonperishable foods for an Easter Feast. Watch for the shopping list.

***Brag Cards*** – You will find in the pews cards on which you can write the name and occasion for thanking someone or observing a special event in the life of someone close to you. Put the card in the collection plate and we will include these recognitions in the “Thanksgivings and Congratulations” section of our monthly newsletter. Forms will also be available in the Church Office for this purpose.

***Book club*** will meet at Stacy Lampman’s on **April 15<sup>th</sup>**. The book for discussion will be *The Last Day* by James Landis.

***Memorial Garden*** – The consensus of our Mutual Ministry Review is that we will develop our Prayer Garden into a Memorial Garden with remembrances of our loved ones. Watch for more information as our plans develop. Please see Judith+ if you would like to participate in planning this project.

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## In Thanksgiving . . .

***Thank you*** to everyone who contributed to our Deanery Chili Cook-Off and Prayer Vigil for Haiti Relief. The chili was delicious, the baskets were beautiful, the fellowship was wonderful, and we raised almost \$600. Our own Tom Villeneuve won 1<sup>st</sup> prize, and Stacy Lampman won 2<sup>nd</sup> prize.

***Thank you*** from St. John’s to everyone who supported their Shrove Tuesday Pancake Supper to benefit ECS.

***Thank you*** from Lois Carter for your generous contributions to Our Little Roses Orphanage. They were able to purchase 44 pillows in addition to taking a group of girls out for a Sunday afternoon treat of snow cones and a movie.

***Thank you*** from Judith+ to all of you for your support of my continuing education project, and especially to **Liz Depew** and **Jeff Edmister** for preaching and officiating at Morning Prayer while I was away.

***Congratulations*** to **Matthew, Zachary, and Jacob Roeseler** for being selected to participate in the Orleans All-County Music Festival.

***Congratulations*** to Matthew Pestinger, who was selected to sing in the Niagara County All-county Elementary Chorus.

## Covenant Team Meeting Summary

## February 1, 2010

**Present: St. Andrew's:** Doug Wintersteen (Warden), Jerry Harrington (Warden), Liz Depew, Judi Naylor, Bonnie Wintersteen, Cindy Harrington, Dorothy Cheasty

**St. John's:** Janet Hoffman (Warden), Denise Failla (Warden), Jacquie Rodgers, Millie High, Robyn Krueger

**Absent::** Lois Carter

### Report from St. John's

St. John's reported very successful fund-raising events in the fall: An American Gala Horse Performance; Applefest; Election Night Chicken & Biscuit Dinner; and a Swing Raffle. Half of the proceeds from Applefest were given to community outreach. The Schoolroom has been restored and refurbished.

### Report from St. Andrew's

St. Andrew's reported that the congregation has been busy with congregational and community events. The *Sundays Live* Performance Series presented *Daughters of Creative Sound* on January 24<sup>th</sup>. There are a number of new ministries beginning at St. Andrew's: a Prayer Shawl Ministry, *Generations* (parents of young children planning intergenerational activities), a Green Team, a new intergenerational musical group—The St. Andrew's Gospel Groove Band.

### Discussion

1. **Lent** - We will have 3 Lenten Reflection Groups this year:  
Mondays, 10 a.m. and 7 p.m. - "Learning Forgiveness" at St. Andrew's, led by Dorothy Cheasty & Jeff Edmister  
Thursdays, 11:30 a.m. - Bible Study at St. John's. We will organize phone calls to invite people to take part in these groups.
2. **Holy Week** - We will again have contemplative services at St. John's on Monday, Tuesday, & Wednesday; on Maundy Thursday we will have an Agape Meal at St. Andrew's, and new services for the Stripping of the Altar and a more organized overnight Vigil at St. John's. On Good Friday we will have the Newfane ecumenical service at 8 a.m., Stations of the Cross at noon at St. John's, and a Service of Tenebrae at St. Andrew's in the evening, with arrangements for a joint choir. On Saturday we will again have the Community Easter Egg Hunt & Blessing of Easter Foods at St. John's.
3. **Confirmation** - In the Fall of 2010 we will have a Confirmation class that includes youth from both churches. We will have separate Bishop's Visitations and confirmation services.

### Looking Ahead: What's working and what's not?

We spent considerable time discussing what the next phase of our covenant relationship should be. We are doing well with having separate and parallel ministries and supporting each other in our fundraising events, but there was consensus that we need to develop a working relationship in which we share our ministries more fully. It was pointed out that the Operation Christmas Child, the Acolyte Trip to Washington, D.C., and our Summer Eucharist *Christmas in August* to benefit Our Little Roses Orphanage have been highly successful. We agreed to participate together in a Green Team, comprised of members of both congregations that will meet regularly to share resources and ideas, assessing energy conservation and use at each church separately. We also agreed to explore developing a Prayer Shawl ministry at St. John's, and that the annual Loaves and Fishes service at St. Andrew's can be a joint service. Both Vestries will continue to explore ways in which the two congregations can share resources and work together more closely.

**Next Meeting - Monday, May 3, 2010, 7 p.m. at St. Andrew's**

### *Lenten Scripture Reflection*

#### *Why Forgive?*

Matthew 18:35b - Jesus says: "forgive your brother from your heart."

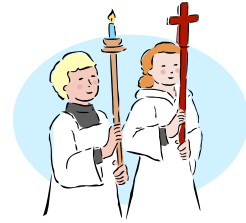
The sense in most New Testament teachings is that forgiving others is imperative, not optional.

Jesus is not merely inviting or suggesting forgiveness

## hedules for March 2010

### *Acolytes* - 10:00 a.m. arrival time

- 7<sup>th</sup> Melissa Pestinger, Mark Vogt & Jacob Roeseler  
14<sup>th</sup> Zachary Roeseler, Matthew Vogt & Jarrett Gilson  
21<sup>st</sup> Matthew Roeseler, Chad Gilson & Jake Knott



### 28<sup>th</sup> PALM SUNDAY FULL PROCESSION

The procession will travel around the church outside if weather permits or inside if weather does not allow.

- Altar Acolytes:** Seth Gregg, Jacob Roeseler & Jake Knott  
**2nd Crucifer & Torches:** Melissa Pestinger, Mark Vogt & Matthew Vogt  
**Flags:** Matthew and Zachary Roeseler

**Extras:** Jarrett and Chad Gilson - Back ups and process and recess

**A Note from your Acolyte Director:** This is an open invitation to ALL those interested in becoming an acolyte. Anyone from the age of 7 through adult is welcome to join our team. If you are 7 you would be the 4th acolyte on your assigned weekend and you would process, recess and observe and help with some easy tasks. Anyone 8 and older will be in training as an acolyte; you will sit at the altar watching for the first few times; then as you feel more comfortable you will be given a job to do. **Due to a shortage of acolytes this year, I am looking for ANYONE interested in either helping out once in a while or in the event of illness.**

- Sue Villeneuve

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### *Lay Readers*

- 7<sup>th</sup> Dorothy Cheasty & Stacy Lampman  
14<sup>th</sup> Margaret Moran & Jerry Harrington  
21<sup>st</sup> Stacy Lampman & Matt Pestinger  
28<sup>th</sup> Judi Naylor, Jerry Harrington, & Jeff Edmister

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### *Altar Guild*

Tish Gooding & Ginnie Rowland

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### *Collection Counters*

Liz & Mike Depew

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### *Greeters*

Please Sign Up for any Sunday in March

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## ***BIRTHDAYS & ANNIVERSARIES for March***

### Birthdays



- |   |                                 |
|---|---------------------------------|
| 2 <sup>nd</sup> William Beilein<br>Norman Kreusch | 14 <sup>th</sup> Lisa Roeseler  |
| 5 <sup>th</sup> May McNally<br>Amber Bedford      | 17 <sup>th</sup> Paula Jones    |
| 6 <sup>th</sup> Jacob Roeseler<br>Seth Gregg      | 18 <sup>th</sup> Colin Gallo    |
| 8 <sup>th</sup> Angela Cheasty<br>Mark Vogt       | 21 <sup>st</sup> Betty Stein    |
|   | 24 <sup>th</sup> Todd Gallo     |
|   | 31 <sup>st</sup> Julia Leibring |



### Anniversaries

- 16<sup>th</sup> Tom & Sue Villeneuve

## *Dates to Remember*



- March 1 10 a.m. & 7 p.m. Lenten Reflection Group
- March 5 St. John's will bake desserts for Fish Fry
- March 8 10 a.m. & 7 p.m. Lenten Reflection Group
- March 12 **51<sup>st</sup> Anniversary of St. Andrew's Community Store**
- March 13 **noon** Holy Eucharist to observe the feast of Bishop James Theodore Holley, founder of the Diocese of Haiti at St. Paul's Cathedral. The collection will benefit ER-D relief efforts in Haiti
- March 14 **Daylight Savings Time begins**  
Father James Massie will preach and celebrate; Judith+ will stay at St. John's  
**4-6:30 p.m.** Deanery Youth Group at St. John's-Wilson
- March 15 **10 a.m. & 7 p.m.** Lenten Reflection Group  
**7 p.m.** Deanery Council Meeting - St. John's Youngstown
- March 17 **7 p.m.** Vestry Meeting
- March 20 **9 a.m. -3 p.m.** Diocesan Communications Day at St. Mark's-Orchard Park
- March 21 **12:30 p.m.** Jeff's Discernment Group Meeting  
**2 p.m.** Community Prayer Service at Newfane Rehabilitation Center
- March 26 Last Fish Fry
- March 28 **Palm Sunday**  
**Noon** Community Easter Egg Hunt & ECS Basket Auction
- March 29 **7 p.m.** Service of Repentance & Forgiveness at St. John's
- March 30 **7 p.m.** Stations of the Cross at St. John's
- March 31 **7 p.m.** Contemplative Evensong at St. John's
- April 1 **6 p.m.** Agape Meal at St. Andrew's & Stripping of the Altar  
**8 p.m.** Stripping of the Altar & beginning of an overnight vigil at St. John's
- April 2 **Good Friday**  
**8 a.m.** Newfane Ecumenical Service at First Baptist Church  
**Noon** Stations of the Cross at St. John's  
**7 p.m.** Service of Tenebrae
- April 3 **10 a.m.** Community Easter Egg Hunt & Blessing of Easter Foods at St. John's
- April 4 **Easter Day**

## *Looking Ahead*



- April 9-10 Deanery Youth Group Lock-In at St. Andrew's
- April 11 Blessing of Prayer Shawls  
**12:30 p.m.** Jeff's Discernment Group
- April 16 Bishop's Gala to benefit ECS
- April 16 - 18 **HAPPENING**
- April 18 **2 p.m.** Community Prayer Service at Newfane Rehabilitation Center  
**3 p.m.** Happening Closing Ceremony
- April 21 **7 p.m.** Vestry meeting
- April 22-24 Judith+ away for Continuing Education

# Lent and Holy Week at St. Andrew's & St. John's

March-April 2010

## Lenten Reflections Groups:

Mondays at 10 a.m. & 7 p.m.      *Learning Forgiveness* at St. Andrew's

Thursdays at 11 a.m.      *Wisdom of the Desert* at St. John's

## Friday Fish Fry at St. Andrew's - 4:30 p.m. February 12 - March 26

**March 1**      10 a.m. & 7 p.m. *Learning Forgiveness: Conscience vs. Consciousness*

**March 4**      11 a.m. - Holy Eucharist and Lenten Study

**March 5**      St. John's will provide desserts for Fish Fry

**March 8**      10 a.m. & 7 p.m. *Learning Forgiveness: Judgment: Condemnation or Discernment*

**March 11**      11 a.m. Holy Eucharist and Lenten Study at St. John's

**March 15**      10 a. m. & 7 p.m. *Learning Forgiveness: Why Forgive?*

**March 18**      11 a.m. - Holy Eucharist and Lenten Study

**March 22**      10 a. m. & 7 p.m. *Learning Forgiveness: Forgiveness, Repentance, Reconciliation*

**March 25**      11 a.m. Holy Eucharist and Lenten Study at St. John's

## **March 28 Palm Sunday**

    Noon - Easter Egg Hunt and ECS Basket Auction at St. Andrew's

**March 29**      7 p.m. Contemplative Prayer Service: Repentance & Forgiveness at St. John's

**March 30**      7 p.m.      Stations of the Cross at St. John's

**March 31**      7 p.m.      Contemplative Evensong at St. John's

## **April 1 Maundy Thursday:**

    6 p.m.      Agape Meal at St. Andrew's

    8 p.m.      Stripping of the Altar and Overnight Vigil at St. John's

## **April 2 Good Friday:**

    8 a.m.      Newfane Ecumenical Service at First Baptist Church

    11 a.m.      Stations of the Cross at St. John's

    7 p.m.      Service of Tenebrae at St. Andrew's

## **April 3 Holy Saturday:**

    10 a.m.      Blessing of Easter Foods and Easter Egg Hunt at St. John's

## *Lenten Scripture Reflection*

### *Judgment - Condemnation or Discernment?*

Matthew 7:1 - Jesus teaches "Do not judge, or you too will be judged."

Each of us secretly harbors despised parts of our own personality, impulses, and reactions we are ashamed of: jealousy, greed, rage, self-

pity, the need to be right, the desire to win, the exhilaration of feeling superior.